



## **COELIAC DISEASE IN CHILDREN**

Coeliac disease is a common and lifelong autoimmune condition of the small bowel, caused by a reaction to gluten – a protein found in wheat, barley and rye. It can occur at any age, including in babies when weaning, children and adolescents.

## Heightened Risk...



Family history



HLA-DQ2 or HLA-DQ8 gene



Type 1 diabetes



Thyroid problems



Down's syndrome

## **Symptoms of Coeliac Disease in Children**



Diarrhoea or constipation



Recurrent abdominal pair and bloating



Recurren vomiting



Tiredness and irritability



Iron, vitamin B<sub>12</sub> or folic acid deficiency



Growth problem

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1 in 100 children are estimated to suffer from coeliac disease across Europe



Children have a 1 in 10 chance of developing coeliac disease if a first-degree relative is diagnosed



Up to 80% of paediatric coeliac disease cases remain undiagnosed throughout Europe



The only treatment for coeliac disease s to follow a lifelong gluten free diet