3rd LONDON MASTERCLASS:  
CONTEMPORARY MANAGEMENT OF CONSTIPATION

October 17 – 18, 2018  
QMUL Whitechapel Campus, London

WEDNESDAY 17TH OCTOBER (AM) – THE CLINICAL BURDEN OF CONSTIPATION

Old Medical School Library, Garrod Building
08:15 – 09:00  Registration and coffee

Bearsted Lecture Theatre

SESSION 1:  CLINICAL BURDEN  09:00 – 10:40
Chairs:  Magnus Simren & Robin Spiller
09:00 – 09:10  Welcome address: setting the scene  
Professor Charles Knowles  
London
09:10 – 09:45  Overview: diagnosis, epidemiology and societal impact of constipation  
Dr José Remes Troche  
Veracruz, Mexico
09:45 – 10:10  Perceptions of constipation. Do patients and healthcare providers agree on which symptoms are important?  
Dr Eirini Dimidi  
London
10:10 – 10:40  KEYNOTE LECTURE  
Chronic constipation and IBS-C: separate entities, or part of the same spectrum?  
Professor Magnus Simren  
Gothenburg, Sweden

10:40 – 11:15  Coffee break

SESSION 2:  KEY CLINICAL ASSOCIATIONS  11:15 – 12:35
Chairs:  Qasim Aziz & Emma Carrington
11:15 – 11:40  Constipation and connective tissue disorders  
Dr Asma Fikree  
London
11:40 – 12:05  Co-existence of constipation and incontinence  
Dr Mark Scott  
London
12:05 – 12:35  Constipation following surgery for colorectal cancer  
Miss Karen Nugent (TBC)  
Southampton

Old Medical School Library, Garrod Building
12:35 – 13:40  LUNCH

WEDNESDAY 17TH OCTOBER (PM) – INSIGHTS INTO PATHOPHYSIOLOGY AND DIAGNOSTIC TESTING

Bearsted Lecture Theatre

SESSION 3:  EMERGING CONCEPTS IN PATHOPHYSIOLOGY  13:40 – 15:00
Chairs:  Klaus Krogh & Tom Dudding
13:40 – 14:10  KEYNOTE LECTURE  
The role of colonic motor dysfunction  
Dr Phil Dinning  
Adelaide, Australia
14:10 – 14:35  The role of colorectal sensory dysfunction  
Dr Rebecca Burgell  
Melbourne, Australia
14:35 – 15:00  The role of genetic factors and enteric neuropathies  
Professor Charles Knowles  
London

15:00 – 15:35  Coffee break
SESSION 4: EMERGING TECHNOLOGIES AND CONTROVERSIES IN DIAGNOSTIC TESTING  16:05 – 17:45
Chairs: Mark Fox & TBC

15:35 – 16:00  Limitations of current methods, and new technologies for describing whole gut and colonic transit  
Professor Klaus Krogh  
Aarhus, Denmark

16:00 – 16:25  Limitations of current methods for describing evacuation  
Miss Emma Carrington  
London

16:25 – 16:50  MRI: new approaches to the real-time assessment of colonic function  
Dr Caroline Hoad  
Nottingham

16:50 – 17:20  KEYNOTE LECTURE  
Constipation in children. The same as in adults?  
Professor Marc Benninga  
Amsterdam, The Netherlands

17:20 – 17:50  PANEL DISCUSSION:  
When to test, which test, and what does it mean?  
CHAIR: Professor Mark Fox  
Basel, Switzerland  
Professor Klaus Krogh  
Miss Emma Carrington  
Dr Giuseppe Chiarioni  
Professor Marc Benninga  
TBC

17:50  MEETING CLOSES

THURSDAY 18TH OCTOBER (AM) – AN EVIDENCE BASED APPROACH TO MANAGEMENT (1)

Old Medical School Library, Garrod Building

08:15 – 09:00  Registration and coffee

Bearsted Lecture Theatre

SESSION 5: BEHAVIOURAL INTERVENTIONS  09:00 – 10:55
Chairs: Rebecca Burgell & Yan Yiannakou

09:00 – 09:25  Which outcomes should we measure?  
Professor Bill Whitehead  
North Carolina, USA

09:25 – 09:45  Nurse-led behavioural management  
Ms Michelle Henderson  
Durham

09:45 – 10:05  Biofeedback  
Dr Giuseppe Chiarioni  
Verona, Italy

10:05 – 10:25  Rectal irrigation  
Dr Anton Emmanuel  
London

10:25 – 10:55  KEYNOTE LECTURE  
Gut microbiota and probiotics in constipation  
Professor Kevin Whelan  
London

10:55 – 11:30  Coffee break

SESSION 6: MEDICAL THERAPIES  11:30 – 13:10
Chairs: Adam Farmer & Anton Emmanuel

11:30 – 11:50  Fibre. Is recommendation as first-line therapy justified?  
Professor Robin Spiller  
Nottingham

11:50 – 12:15  Laxatives: which are effective?  
Dr Natalia Zarate  
London

12:15 – 12:40  Strategies for management of opioid-induced constipation  
Professor Yan Yiannakou  
Durham

12:40 – 13:10  KEYNOTE LECTURE  
The future of medical therapies for constipation  
Dr Maura Corsetti  
Nottingham
**THURSDAY 18TH OCTOBER (PM) – AN EVIDENCE BASED APPROACH TO MANAGEMENT (2)**

*Bearsted Lecture Theatre*

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<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker/Location</th>
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<tbody>
<tr>
<td>14:05 – 14:10</td>
<td>Introduction to the surgical management of constipation</td>
<td>Professor Charles Knowles, London</td>
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<td>14:10 – 14:25</td>
<td>Colonic resection</td>
<td>Mr Pasquale Giordano, London</td>
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<td>14:25 – 14:40</td>
<td>Hitching procedures</td>
<td>Mr Steve Brown, Sheffield</td>
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<td>14:40 – 14:55</td>
<td>Excisional procedures</td>
<td>Professor Donato Altomare, Bari, Italy</td>
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<td>14:55 – 15:10</td>
<td>Recto-vaginal reinforcement procedures</td>
<td>Mr Andy Williams, London</td>
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<td>15:10 – 15:20</td>
<td>Sacral nerve stimulation</td>
<td>Mr Tom Dudding, Southampton</td>
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<td>15:20 – 15:30</td>
<td>Evidence based recommendations</td>
<td>Professor Charles Knowles, Mr Andy Williams, Mr Steve Brown</td>
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<td>15:30 – 15:55</td>
<td>PANEL DISCUSSION:</td>
<td>CHAIR: Professor Ronan O’Connell, Dublin, Ireland</td>
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<td>Bringing it all together. The management algorithm.</td>
<td>Dr Maura Corsetti, Professor Charles Knowles, Professor Magnus Simren, Dr José Remes Troche, Professor Marc Benninga, TBC</td>
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<td>15:55 – 16:00</td>
<td>Closing comments</td>
<td>Dr Mark Scott, London</td>
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<td>16:00</td>
<td>MEETING CLOSES</td>
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