## WHAT IS FUNCTIONAL ABDOMINAL PAIN?

Functional abdominal pain is abdominal pain that:



Does not have a clear cause



Happens at least 4 days a month for 2 month



Is persistent

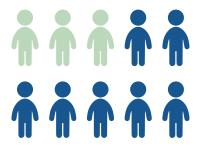


Can be triggered by stress or anxiety

Functional abdominal pain usually occurs in children aged 4-18 years old.



Up to **30%** of school-aged children have functional abdominal pain

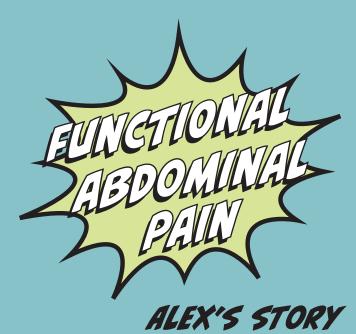


in

Functional **Abdominal** Pain

**ESPGHAN** 

and 80% get better within 2 years of seeing a doctor!





## SIGNS AND SYMPTOMS

Besides abdominal pain, children may also complain of:

- · NAUSEA
- · HEADACHE
- · DIZZINESS
- · LIMB PAIN
- · TIREDNESS
- · DIFFICULTY SLEEPING

## HOW TO HELP

Although there is no known cause, there are several areas where you can help:



