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To whom it may concern,

I have spent two weeks (April, 2014) at the Gastroenterology Department and out-patient clinic of AMC Emma Children's Hospital, Amsterdam, Holland under the mentorship of Prof. Marc Benninga.

During my stay, I took part most of the time in the pediatric gastroenterology out-patient clinic and the motility centre. Professor Benninga provides the highest level of care for functional gastrointestinal disorders, especially for defecation disorders, hence I could learn how to treat the most complex cases of this patient population. At the end of my stay I also had the opportunity to participate in a one day workshop where internationally renowned lecturers summarized the most recent knowledge about defecation disorders.

In the motility centre I could observe almost the whole spectrum of motility testing including esophageal, gastroduodenal, anorectal manometry and esophageal multichannel intraluminal impedance and pH testing. The weekly motility case-discussion conference helped me in the understanding and clinical application of the examinations.

The clinic has a feeding disorders out-patient clinic which provides excellent care for infants and toddlers where I could observe the effectivity of the multidisciplinary approach. The team treats tube feed children as well and provides an in-patient weaning program which was also interesting to me because our country lacks such programs.

During my visit I get acquainted with a very familiar team. Marc Benninga is a brilliant teacher, clinician and has a good sense of humor which was very helpful and made my stay much facile in the hospital. Prof. Benninga is also a brilliant researcher and leads a great research team. Thanks to him I also get insight in the running research projects.

The doctors, PhD students, the assistants at the motility centre and the whole staff of the hospital was very kind and open-minded which made my stay very pleasant.

In summary I had a successful visit in the Emma Children's Hospital, Amsterdam. I felt my attendance was extremely important in my actual career-needs and helps in the first steps to launch a motility program in Hungary.

I am very grateful to ESPGHAN for the International Exchange Travel Award which covered travel expenses as well as my accommodation costs. Without the kind support of the Society my study tour in Holland would not be realized.

Yours sincerely,

János Major