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Paris, 6 September 2018

Subject: Report for the Charlotte Anderson Award 2017

Dear comity,

Hereby I would like to send you a detailed report of my experience as a trainee member at the Department of Pediatric Gastroenterology Hepatology and Nutrition in the Necker Hospital in Paris (with Prof. dr. Olivier Goulet as head of the department). In my application, dated 30/12/2016, I have informed you that my exchange would be different than the regular applications for the Charlotte Anderson grant, due to the duration of my stay (> 3 months).

To summarize, in September 2016 I moved with my husband and 3 children to Paris and I had one major goal; to start working as a trainee member in Pediatric Gastroenterology Hepatology and Nutrition in the Necker Hospital. Professor Goulet and professor Ruemmele offered me the possibility to work on their ward as a fellow but only if financial resources were being found to support this assessment.

In the meantime of finding a subsidy, I have started in May 2017 as a 'medical observer' at the department, which was at a voluntary base. This was a great opportunity to explore the ward, the different kind of specialized GI policlinics, the IBD-daycare, and the endoscopic programs. And also to master the different kind of interesting pathologies, to understand the logistics in a French hospital, to meet different kind of specialists, to attend the different kind of weekly meetings (in GI, pathology and radiology), and also very important, to master the French (medical) language.

Beside this, I did my registration in the French Medical Register (*'l'Ordre des Médecins'*), which is obligatory when working as a medical doctor in a French hospital. And I started with a French Masterclass in Gastroenterology Hepatology and Nutrition called "*DIU*" (*in total 5 weeks in 2 years including an exam and writing a scientific article*) which all GI trainees in France have to follow.

At the 1st of December 2017, after 6 months of being a 'medical observer' I had the privileged that Professor Goulet offered me a contract for unlimited time. It is a small contract but enough to start my fellowship and to have the ability to have patient contact. From that moment, I am one of the responsible GI doctors at the IBD-daycare, I have my own consultation in gastroenterology and (food)allergy, I am learning intensively to perform gastroduodeno- and colonoscopies, and I master different kind of functional GI analyses (like esophageal manometry). And in the upcoming months I will do stages in both Hepatology and Nutrition.

Besides these clinical practices, I have the opportunity to widen my horizon in research and education. Together with Professor Goulet I am finalizing an article of a rare disease, called 'Tricho-Hepato-Enteric syndrome' of which several patients are being followed at our department. And besides the Masterclass 'DIU', I have also followed a practical 4-days endoscopic course in Limoges. And this year I have been to the ESPGHAN congress in Genève.

For 1 more year, I will continue my fellowship in the Necker Hospital until September 2019. When being back in the Netherlands, I will full fill the last 6 months of my fellowship in Leiden, in the Leiden Medical University Centre, with Dr Luisa Mearin as supervisor. Meaning that in March 2020, I will be certified as a Dutch Pediatric Gastroenterologist with a magnificent international experience.

Thanks to the financial support of the Charlotte Anderson Award, I was able to follow the different kind of extra-curricular activities, which enrich me as an upcoming pediatric gastroenterologist. And the award has also supported the basics of being a medical doctor here, by covering the costs of the obliged medical assurance and registration in the French medical registration '*L'Ordre*'. In general, it's not easy to find financial resources for a clinical exchange abroad after being specialized as a pediatrician. Which is too bad, because having the possibility to work (temporarily) in a foreign hospital, it enriches a medical doctor in both professional and social way. This should be more encouraged for fellows and young pediatric gastroenterologist, like the Charlotte Anderson Award has done for me.

Together with this written report which globally describes my stay here, I attach the following documents;

- 1.) 'Expenses claim form' including proofs of payment,
- 2.) A report of 'Achievements made during my first semester of fellowship' (December 2017-April 2018) signed by Professor Goulet and the other responsible GI specialists, and the 'Achievements planned for 2<sup>nd</sup> semester (May-November 2018) (*these files are also part of my GI traineeship portfolio for the Dutch GI fellowship association*).

By having these documents, the comity of the Charlotte Anderson Award could approve my expenses and decide if they would like to release the fund this year or in 2019 when my traineeship in Paris will be finished. Thank you very much, and if you have any questions or comments, please don't hesitate to contact me.

Kind regards,

Caroline Veldhuis-Hogen Esch, MD PhD