

Andreia Florina Nita, MD
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Charlotte Anderson Award 2018 Report

Being the recipient of ESPGHAN Charlotte Anderson Award has been the greatest honour in my career. It was a privilege to be part of the Gastroenterology Motility Department at Great Ormond Street Hospital for Children while working in a state-of-the-art setting for paediatric motility studies.

For 3 months during 2018 I have joined the consultants in their daily duties. The week started with the ward round on gastroenterology ward where chronic complex cases were admitted followed by weekly motility meeting to plan ahead the management of cases referred from other centres, and ending with interpreting and reporting motility studies previously performed. I had the pleasure to accompany the senior doctors in a variety of clinics, such as Dysmotility clinic or Chronic intestinal pseudo-obstruction clinic.

Furthermore, I have been trained in performing motility studies – impedance, oesophageal manometry, colonic manometry and ano-rectal manometry on weekly basis, attending 3 lists per week under supervision of different consultants. Moreover, I have attended histology meetings, radiology meetings and also teaching sessions, with a focus on motility cases.

The multivalent approach of the cases has been extremely beneficial for me as a junior doctor in training, offering an overall view of the multiple aspects involved in intricate diseases and most importantly, in dealing with complex cases.

I am utterly grateful to the Motility team at Great Ormond Street Hospital for all their support throughout my stay there and to ESPGHAN for adding tremendous value to my professional development.

Yours sincerely,
Andreia Nita

A handwritten signature in black ink, appearing to read "Osvaldo Borelli", written over a horizontal dotted line.

Osvaldo Borelli MD, PhD

*Head of Clinical Service (HoCS) Great Ormond Street Hospital for Children, NHS Foundation Trust
Consultant Paediatric Gastroenterologist
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Special interests Neurogastroenterology and motility disorders, functional bowel disorders, constipation, gastro-oesophageal reflux disease and peptic ulcer disease*

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