

# Great Ormond Street Hospital for Children

NHS Trust

Metabolic, Endocrinology, Gastroenterology, Genetics, Adolescent Medicine & Nephrology  
(MEGGAN)

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**GASTROENTEROLOGY DEPARTMENT**  
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**FK/04.03.2012/Reference**

## To Whom It May Concern:

Dear Sir/Madame

**Re: Training Report: Dr Lampros Fotis**  
**G. Ritsou 11, Ilioupoli, 16344, Athens, Greece**  
Honorary Clinical Fellow in Paediatric Gastroenterology Department,  
Great Ormond Street Hospital for Children, London  
5<sup>th</sup> September 2011 – 4<sup>th</sup> March 2012  
Clinical Supervisor: Dr Nikhil Thapar  
Educational Supervisor: Dr Fevronia Kiparissi

I am delighted to provide a reference for Dr Lampros Fotis who has attended Great Ormond Street Hospital as an honorary clinical fellow over the last 6 months from 05.09.2011 to 04.03.2012. Dr Fotis joined our department at Great Ormond Street Hospital for an out of program activity from his place of work in Greece. The aim of the fellowship was to undertake a period of guided training in Paediatric Gastroenterology with a special interest in motility disorders.

The objectives of training were to learn the basic principles and methodology (placement, set-up, data capture, analysis/interpretation) in Oesophageal, Anorectal, Antroduodenal and Colonic manometry and to set up, calibrate, download and analyze pH/Impedance studies and its clinical implications. Also to investigate patients with upper and lower endoscopies and Wireless Capsule Endoscopy (WCE) and being able to set up the system, analyze the recording and advise on further treatment options. Lastly to participate in Clinical Audit and Research and publish the outcomes in peer reviewed papers.

### Gastroenterology

Consultants: Dr Osvaldo Borrelli, Dr Mamoun Elawad, Dr Susan Hill, Dr Fevronia Kiparissi,  
Dr Jutta Köglmeier, Dr Keith Lindley, Dr Neil Shah, Dr Nikhil Thapar

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FK/04.03.2012/Reference/Dr L. Fotis/page 2

The skills described above can be seen in more detail below:

1. Upper and lower endoscopies  
Endoscopy training included attending once a week an endoscopic list where Dr Fotis acquired basic skills of upper and lower GI endoscopy under the guidance of the supervising consultant. The training also included a successful completion of the Phycomotor skills, Virtual Reality Curriculum in Upper Endoscopy and Lower Endoscopy of an endoscopic VR simulator (Symbionix GI Mentor) in the Medical Simulation Center of the Royal Free Hospital, London. He completed 11 Upper GI endoscopies with biopsies with simultaneous evaluation of the performance according to the DOPS assessment form of the JAG (Joint Advisory Group) for endoscopy in the U.K.  
Supervising consultant: Neil Shah, Mamoun Elawad
2. Manometries  
Training included introductory teaching on the basic principles of the each test and execution protocols, a web seminar organized by the software company MMS and a one day seminar at St Thomas' Hospital. Each week 1 high resolution oesophageal manometry, 1 antroduodenal manometry, 1 colonic manometry and 1-2 high resolution anorectal manometries were attended. Every test was followed by a discussion on the analysis result and the clinical implication. Training also included retrospectively studying and discussion of previous tests.  
Supervising Consultant: Nikhil Thapar
3. Wireless Capsule Endoscopy  
After initial teaching sessions training included the analysis of the tests individually and the discussion of the results and clinical implication with the supervising consultant in weekly sessions. This included more than 100 tests.  
Supervising Consultant: Fevronia Kiparissi
4. Impedance  
After introductory teaching sessions the training included analysis of the test and comparison of the analysis details and final result with the original analysis provided by the supervising consultant. Training also included a 2 day seminar organized by Sandhill, the software company. The training included the analysis of 20 tests.  
Supervising Consultant: Dr Osvaldo Borrelli

**Gastroenterology**

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FK/04.03.2012/Reference/Dr L. Fotis/page 3

5. Clinical Paediatric Gastroenterology

Dr Fotis acquired clinical experience in Paediatric Gastroenterology including participation in weekly Gastroenterology Grand Rounds, Psychosocial meetings, Histopathology meetings, Radiology meetings and Departmental meetings where current Paediatric Gastroenterology topics and research projects were discussed. He also attended 2 outpatient clinics per week focusing mainly on patients with motility disorders and gastrointestinal immune system diseases.

6. General Paediatrics

Dr Fotis attended an Advanced Paediatric Life Support (APLS) course in Birmingham Children's Hospital from 15<sup>th</sup>-16<sup>th</sup> December 2011 and has been accredited as a provider for the next 4 years.

7. Audit and Research

Dr Fotis got involved in the following audit and research project in the department:

1. Paediatric Cardiac transplantation and the Gut: Histological intestinal changes in patients with Post-transplant lymphoproliferative disorder (PTLD).  
This included the presentation of a poster in the annual BSPGHAN congress that has also been accepted for presentation in the ESPGHAN 2012 annual meeting. This case series has been prepared and submitted as a manuscript in a journal  
Supervising Consultant: Fevronia Kiparissi and Mamoun Elawad
2. Gastrointestinal tract: Congenital anomalies  
This is a chapter for the Wiley Encyclopedia of Life Sciences (ELS) which Dr Fotis revised with the guidance of Nikhil Thapar and Alan Burns.
3. Audit on the use of Wireless Capsule Endoscopy at Great Ormond Street Hospital.  
An abstract and a manuscript are in progress for this audit.  
Supervising Consultant: Fevronia Kiparissi
4. Case report and review of literature on a child with Abdominal Lipomatosis, a very rare disease in Paediatrics  
Supervising Consultant: Neil Shah
5. Airlines and families of children with food allergy. This project has looked at the difficulties families with allergic children face when travelling. The sample selection is complete and a manuscript is ready for publication.  
Supervising Consultant: Neil Shah

**Gastroenterology**

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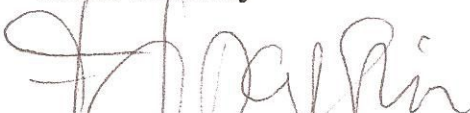
FK/04.03.2012/Reference/Dr L. Fotis/page 4

6. Eosinophilic Oesophagitis at Great Ormond Street Hospital – Review of patient cohort  
Supervising Consultant Neil Shah and Fevronia Kiparissi

Dr Fotis will complete his General Paediatric Training in Greece in the next year and wishes then to train in Paediatric Gastroenterology. He intends to attend sessions with his adult gastroenterology colleagues and hopes to be able to use his acquired skills at the Paediatric Gastroenterology Department at his home institution. He also intends to remain involved as an international fellow within the Academy for Paediatric Gastroenterology ([www.a-p-g.org](http://www.a-p-g.org)).

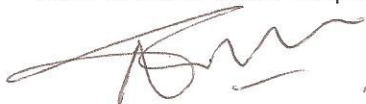
Dr Fotis is a bright young doctor and I have no doubts about Dr Fotis' ability to deliver high quality medical care to his Paediatric patients and hope to see him as one of my Paediatric Gastroenterologist colleagues of the future. I wish him all the best for his future and can recommend him most happily to future posts he might wish to apply.

Yours sincerely



**Dr Fevronia Kiparissi**

Consultant in Paediatric Gastroenterology  
Honorary Senior Lecturer in Paediatric Gastroenterology at ICH  
Division of Mucosal Immunology  
Department of Gastroenterology  
Great Ormond Street Hospital



**Dr Nikhil Thapar**

Senior Lecturer in Paediatric Gastroenterology  
Gastroenterology and Neural Development Units  
UCL Institute of Child Health

Honorary Consultant in Paediatric Gastroenterology  
Division of Neurogastroenterology and Motility  
Department of Gastroenterology  
Great Ormond Street Hospital

Co-director  
Academy of Paediatric Gastroenterology  
[www.a-p-g.org](http://www.a-p-g.org)

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